

# TMJ EXAM Preliminary

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Name **Br Go**

Age **29** DOB **1978**

Ears **R N L N**

## Cranial nerves

III, IV, VI eyes **WNL** small face  
V touch face **WNL** big face  
VII **WNL** move tongue  
ahh

## Cancer Palpation

Parotid **WNL**  
Head, Neck, Oral **WNL**

Vascular Palpation: **WNL**  
Carotid, Facial, Temporal

## Muscle Coord

Centric smooth  
protrusive smooth  
lateral smooth  
Power normal  
Massester Fires Same Time  
Joint Motion **R** smooth  
**L** smooth

Disk Stability **Stable**  
Better Function Push **Neither**  
Worse Function Push **Neither**

Muscle Palpation	R	N	SL	MO	SV	L	N	SL	MO	SV
Masseter superior			●					●		
mid			●					●		
inferior			●					●		
Temporalis insert	●					●				
Lateral Pterygoid	●					●		●		
Digastric	●					●				
Temporalis post			●					●		
mid			●					●		
ant	●					●				
deep			●					●		

Teeth	Occl	Slide Direction
CR = Max I		
Severe Ant Open Bite		
- Ant Guide		
Dental Health	Good	
Perio Health	Good	

Neck	C2 nodule:	sore	Neck Needs eval
SCM		●	
Post Neck		●	
Trapezius	<b>R</b>	●	<b>L</b>

Subjective: cc- Cannot relax face, neck, shoulders. Temples hurt.  
Past Hx- Ortho appl in 5th grade. Braces 6-8th grade. Car accident 2000. Neck Back and shoulder pain after accident. No tx for 1 year. Massage therapy helps. Had episodes of limited opening. Had to wiggle jaw to get it to pop. Feels better after she pops jaw. Clenches teeth. 2001 Saw oral surg Dr. John C, made PM splint, good relief for 6 month. MRI TMJ 2001. TrP Injections. New splint made NTI upper, 2002. Bite started changing 2002. Saw Dr. B, U of Md. Made splint. Some relief. 2003 MRI head and neck. Many therapies tried- Massage, PT, Valium. 2005 New splint from Dr. De. Still has pain and getting worse. Saw Chiropractor 2006. In tx for 1 year, 3x/wk, no help.  
Current- Increase in jaw and head tension. Clicking RL. Difficult chewing. Bite is changing since 2002, progressive. Front teeth use to touch, no longer hit. Daily headaches since accident, pain behind eyes, temple and masseter. Temples Throb. Knot occipital area never goes away.  
Objective: Worn Anterior Mandibular teeth yet, open bite. Gummy Smile.  
48+0, smooth, consistent opening.  
Assessment: Moderate Neck Myalgia, Slight TMJ Myalgia, TMJ Damage. Arthragia Right TMJ. Malocclusion, progressive anterior open bite. Possible Atlas (C1 Neck) Subluxation. Diff Dx anterior openbite- AVN/TIBR, Tongue as appliance, iatrogenic appliance  
Plan: Rule out pathology in TMJ and surrounding tissues. Determine extent of joint damage. Evaluate for surgical and non-surgical options.  
Rule out active degeneration TMJ. Evaluate past TMJ damage from car accident 2000. CT and MRI of the TMJ. Review Scans and decide next step.

Diagnostic Code  
784.0 Facial Pain  
Patient Phone/Email  
555-555-5555  
email.com  
Refer Dr Name/Email  
Dr Good  
dremail.com

TMJ Palpation	R	N	SL	MO	SV	L	N	SL	MO	SV
ant lat pole			●			●				
post lat pole	●					●				
indirect	●					●				
Load CR			●			●				
Load Lateral	●					●				
Bite										

Skeletal Alignment	Eyes	Max Plane	Max Midline	Mand Midline	Mand Plane	Chin
Incisal Edge/Lip	Long		+	+	---	+
CEJ Alignment	Max Anterior Up					

Sounds	R	max open	48+0	mm	Sounds	L
smooth		deviate	I		smooth	
		Protrusion	Normal			
		deviate	I			
none		Click			none	

JVA	R	N	SL	MO	SV	Complexity	L	N	SL	MO	SV	Complexity
Wobble			●			Complex			●			Complex
Click	●					Incstnt	●					
Scratch		●						●				
N	SensRoll	3a				4b						

Doppler Piper Classify	R	rot	trans	L	rot	trans
crep	+		+	++		++
Vasc	---	click	---	Vasc	---	click
	4b			4b		